

Level 1

Introduction to Health, Social Care and Science

NCFE/CACHE Award



Duration	Location	Starting	Age	Careers
1 year	Rush Green Campus	Sept 2026	16-18	Health & Social Care Science

Course fees per year

AGE 16-18

FREE

Contact us to discuss what Financial support is available.

Overview

The Level 1 Introductory Award in Health, Social Care and Science is designed to give you a broad introduction to health, social care, childcare and science.

This course is ideal if you are exploring your career options and want to build confidence, skills and knowledge before progressing to further study.

The programme supports learners who may not yet meet the entry requirements for a full Level 1 Diploma but can demonstrate motivation and the potential to progress in health, social care or applied science.

What you'll learn

On this course, you'll develop an understanding of the different types of health, social care and children's and young people's settings. You'll learn about the roles and responsibilities of workers in care and childcare environments and what is expected of them.

You'll also explore the importance of communication, equality, diversity and inclusion, alongside safe working practices and basic safeguarding awareness. The course helps you develop essential academic, practical and employability skills while introducing scientific principles that support health and care.

Assessments / Exams

You'll be assessed through internally assessed assignments, allowing you to demonstrate your learning through coursework.

Entry requirements

You will need to have GCSE Maths, English Language and two additional subjects at grade 2 (E) or above.

As part of the application process you will also be asked to explain why you want to study this course, so that we can ensure any course offer made aligns to your career goals.

What this course leads to

After successfully completing the course, you'll be able to progress to a Level 1 Full Diploma in Health and Social Care or other subject areas. If you achieve well, you may also be able to progress to Level 2 courses.

Visit this course on our website: <https://barkingdagenhamcollege.ac.uk/find/courses/0000014088>

For further information please contact the college: <https://barkingdagenhamcollege.ac.uk/contact>