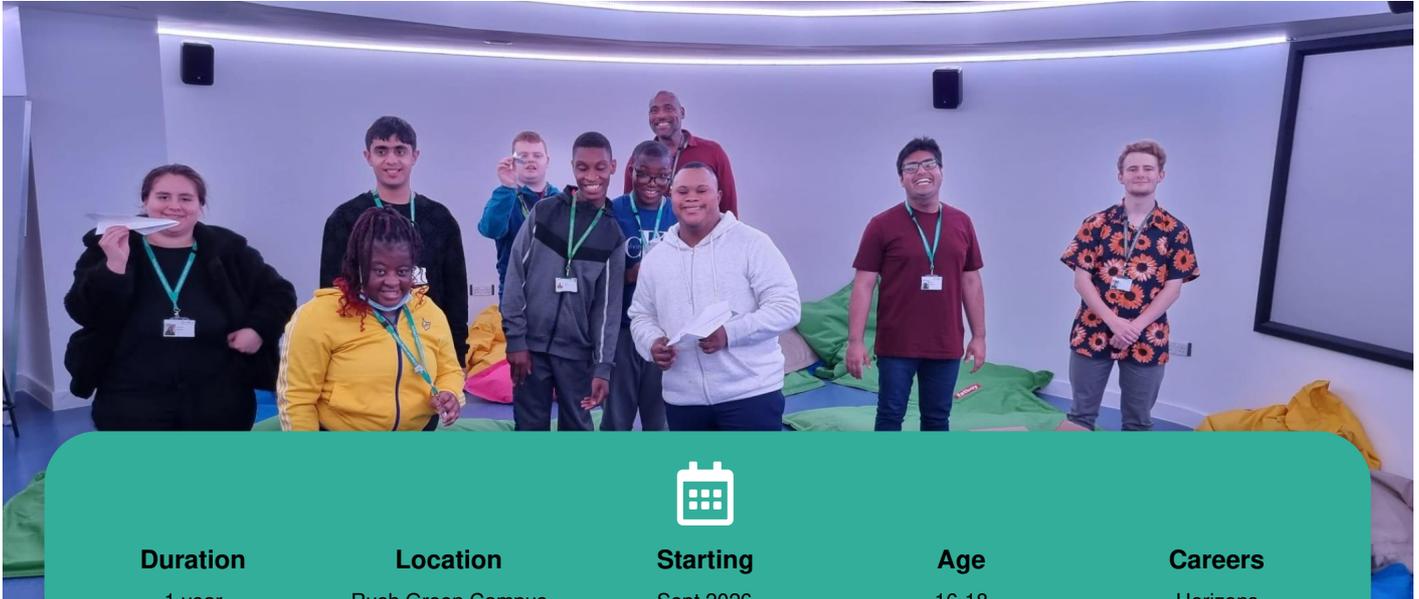


Level E

Independent Living Skills (EL1, Year 2)



Duration	Location	Starting	Age	Careers
1 year	Rush Green Campus	Sept 2026	16-18	Horizons

Course fees per year

AGE 16-18

FREE

Contact us to discuss what Financial support is available.

Overview

This course is designed for young people aged 16–18 or up to 24 with an Education, Health and Care Plan (EHCP), who have Special Educational Needs.

Learners may include those with behaviour, emotional and social difficulties (BESD), Autistic Spectrum Disorder (ASD), mild or moderate learning difficulties (MLD), attention deficit hyperactivity disorder (ADHD) or oppositional defiant disorder (ODD), and are typically working between Entry Level 1 and Entry Level 2.

The course focuses on improving independent living and personal social skills while supporting learners in their transition to adulthood through Independent Living and Employability Pathways linked to the Preparing for Adulthood outcomes.

What you'll learn

On this course, you will learn:

- Communication
- Numeracy
- Personal, Social & Health Education (PSHE)
- Independence
- In-house work experience
- Enterprise projects

- Enrichment activities

Teaching is tailored to individual EHCP outcomes and learners' personal goals.

Assessments / Exams

You will be assessed through the RARPA process and is personalised to each learner's needs and abilities rather than based on formal examinations.

Progress is monitored against individual learning goals and EHCP outcomes, ensuring learners develop employability, personal, social and independent living skills.

Entry requirements

You will need to be aged 16-18 or up to 24 with an EHCP and have recognised Special Educational Needs and/or a learning difficulty.

You should be working towards Entry Level 1 and all applicants complete an assessment or interview to ensure the course appropriately matches your needs and supports your development.

What this course leads to

On successful completion of this course, you will be able to progress towards the next stages of personalised SEND learning, such as extended independent living programmes, employability pathways, supported internships, further education or increased independence in daily life depending on your individual readiness and aspirations.

Visit this course on our website: <https://barkingdagenhamcollege.ac.uk/find/courses/0000013936>

For further information please contact the college: <https://barkingdagenhamcollege.ac.uk/contact>