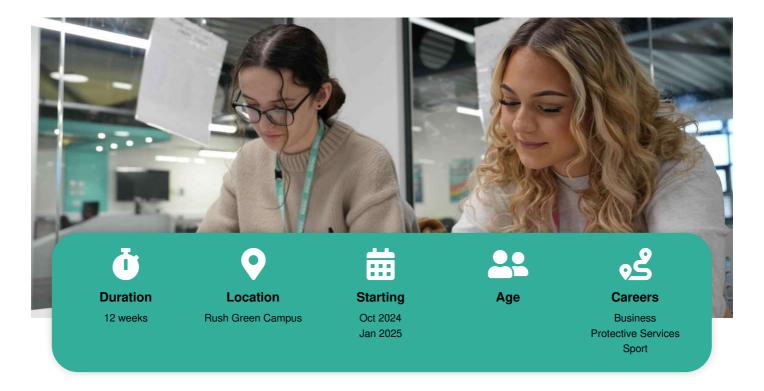


Level 1

Employability Skills - Planning for life and work



Course fees per year

Contact us to discuss what Financial support is available.

Overview

This qualification aims to develop and enhance skills required for the working environment and improve your confidence and communication skills to prepare for employment or further study.

What you'll learn

Throughout this course you'll learn how to communicate effectively with others, create a personal development plan for your career progression, and prioritise the care of your body and health.

You'll also develop the skills you'll need for further study, and for your future including:

- Confidence
- Motivation
- Communication
- Teamwork
- · Setting targets

Entry requirements



There are no specific entry requirements for this course, but you'll need to show an interest in self-development.

What this course leads to

After completing this qualification, you can apply for a mainstream course starting in September at BDC. Alternatively, you can look at gaining employment through our careers team, who will share appropriate career opportunities based on your strengths and the skills you have developed.

Visit this course on our website: https://barkingdagenhamcollege.ac.uk/find/courses/0000012396

For further information please contact the college: https://barkingdagenhamcollege.ac.uk/contact