

Level 3

Coaching and Mentoring Level 3



Duration	Location	Starting	Age	Careers
24 weeks	Rush Green Campus	 Nov 2025 Nov 2026	Adult 19+	Adult Short Courses

Course fees per year

ADULT 19+

£581

The above fees include tuition and exam fees.
Contact us to discuss what Financial support is available.

Overview

This Coaching and Mentoring course will allow you to learn and practice mentoring techniques.

This course is for anyone who works in learner support or management or has an interest or experience in this area and wants to further develop skills. It will be delivered as a blended course – a mix of online and face to face learning.

What you'll learn

On this course, you will learn:

- Understanding mentoring
- Mentoring practice
- Preparing for the coaching role
- Coaching skills

Assessments / Exams

You will be assessed through a portfolio of evidence, observations and a final project.

Entry requirements

You will need to have a good level of literacy and ideally, already work in this area.

What this course leads to

On completion of this course, you will be able to progress onto a Diploma in Coaching and Mentoring.

Visit this course on our website: <https://barkingdagenhamcollege.ac.uk/find/courses/0000012275>

For further information please contact the college: <https://barkingdagenhamcollege.ac.uk/contact>