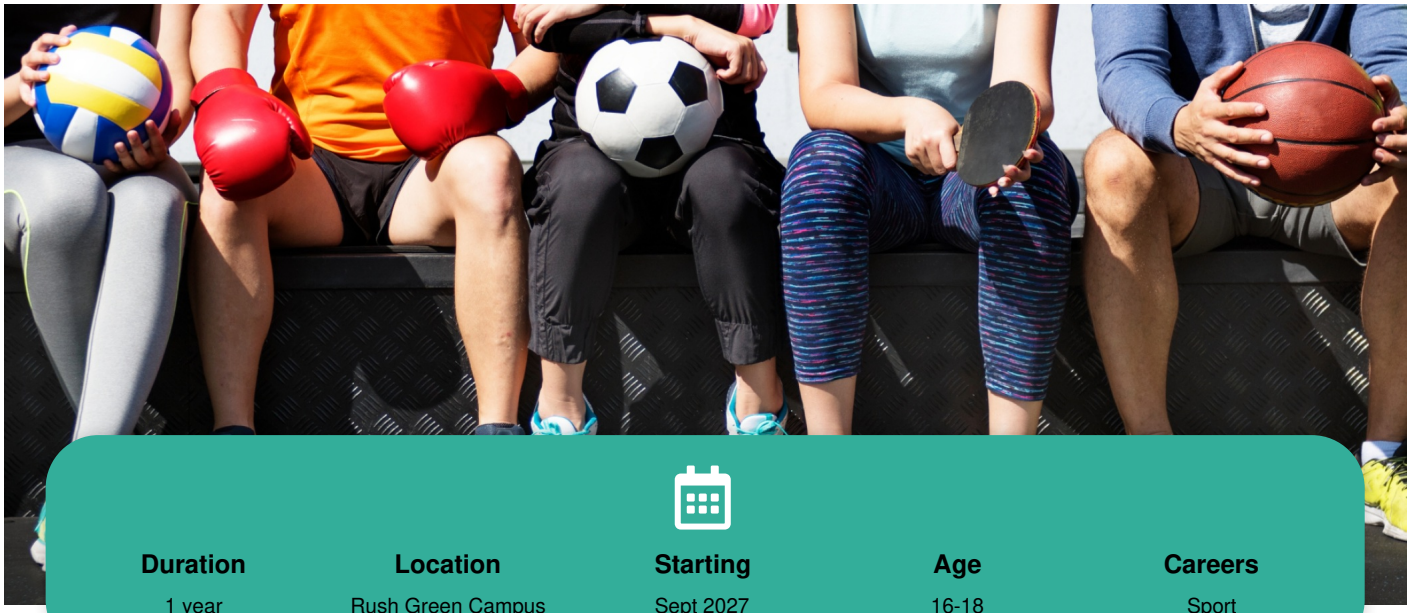
Level 3

Sport & Physical Activity (Coaching, Development & Exercise Science)

NCFE/CACHE Diploma



Duration	Location	Starting	Age	Careers
1 year	Rush Green Campus	Sept 2027	16-18	Sport

Course fees per year

AGE 16-18

FREE

You may be eligible for an Advanced Learner Loan to help with the course fees. Contact us to discuss what Financial support is available.

Overview

This course will give you actual experience delivering coaching sessions to children in a variety of local schools.

You will learn the necessary skills required for planning, delivering and reviewing coaching sessions. You will also have practical observations/assessments from an employer and be given an opportunity for employment following the successful completion of your course.

What you'll learn

On this course, you will learn:

- Exercise, health and lifestyle
- Preparing for a career in Sport and Physical Activity
- Sports coaching

Other units will require you to develop your skills to support the local and wider community, for instance, delivering sports

events to primary schools; Rush Green Primary and Valency Primary, as well as We Make Footballers.

Assessments / Exams

You will be assessed through a mix of written assignments, portfolio work and employer assessments.

Entry requirements

You will need to have GCSE Maths, English Language and two additional subjects at grade 4 (C) or above.

As part of the application process you will also be asked to explain why you want to study this course, so that we can ensure any course offer made aligns to your career goals.

Links with employers

We have a range of industry links we partner with, including:

- Tottenham - University Fair
- UEL - Lab-based fitness testing
- Rush Green Primary School - After school club coaching delivery
- Valence Primary School - TA work placement
- We Make Footballers - Sports coaching work experience
- The Football Fun Factory
- Personal Trainers
- Qualified Coaches
- Talent ID Scouts

What this course leads to

On successful completion of this course, you will be able to move into Higher Education or employment into coaching.

You could also be offered a job with two of our industry partners: Valence Primary School or We Make Footballers.

Visit this course on our website: *https://barkingdagenhamcollege.ac.uk/find/courses/0000011571*

For further information please contact the college: *https://barkingdagenhamcollege.ac.uk/contact*