

Level 3

Sport and Physical Activity

BTEC Diploma



Duration

1 year



Location

Rush Green Campus



Starting

Sept 2025



Age

16-18



Careers

Sport

Course fees per year

AGE 16-18

FREE

You may be eligible for an Advanced Learner Loan to help with the course fees. Contact us to discuss what Financial support is available.

Overview

This course will give you actual experience delivering coaching sessions to children in a variety of local schools.

You will learn the necessary skills required for planning, delivering and reviewing coaching sessions. You will also have practical observations/assessments from an employer and be given an opportunity for employment following the successful completion of your course.

What you'll learn

On this course, you will learn:

- Exercise, health and lifestyle
- Preparing for a career in Sport and Physical Activity
- Sports coaching

Other units will require you to develop your skills to support the local and wider community, for instance, organising an event that supports awarding bodies e.g UK Dodgeball to deliver/promote their sport to young people.

You will also gain other NGB qualifications, such as Dodgeball Level 1 Award in coaching as part of this qualification.

Assessments / Exams

You will be assessed through a portfolio and employer assessments.

Entry requirements

You will need to have GCSE Maths, English Language and two additional subjects at grade 4 (C) or above.

As part of the application process you will also be asked to explain why you want to study this course, so that we can ensure any course offer made aligns to your career goals.

What this course leads to

Once you have completed this course, you will be able to go directly into employment with Premier Education and/or Everyone Active or HEI.

Visit this course on our website: <https://barkingdagenhamcollege.ac.uk/find/courses/0000011571>

For further information please contact the college: <https://barkingdagenhamcollege.ac.uk/contact>