

Level 3

Sport

BTEC National Diploma



Duration

1 year



Location

Rush Green Campus



Starting

Sept 2024



Age

16-18



Careers

Sport

Course fees per year

AGE 16-18

FREE

Contact us to discuss what Financial support is available.

Overview

This qualification is equivalent to studying 3 A Levels and is a great option if you're thinking about progressing to study Sport at university.

This course has been designed to provide knowledge on human performance, sport coaching and sport science.

You will learn in-depth knowledge of the sports industry, aiding you in progressing onto higher qualifications in sports, sports development or coaching.

What you'll learn

On this course, you will learn:

- Anatomy and physiology
- Team sports
- Sports nutrition
- Sports coaching and fitness training
- Sports massage

You will also learn problem solving, communication and experiences with employers are provided to you as part of the study programme.

Assessments / Exams

You will be assessed through two external assessments, as well as portfolio work.

Entry requirements

You will need to have GCSE Maths, English Language and two additional subjects at grade 4 (C) or above.

As part of the application process you will also be asked to explain why you want to study this course, so that we can ensure any course offer made aligns to your career goals.

What this course leads to

On completion of this course, you will be able to progress to Higher Education where you can study similar subjects such as the following:

- Sports Development and Management
- Sports Business Management
- Sports Science
- Sports Journalism

There are also opportunities to progress to T Levels at Level 4 Higher Technical Occupation to become a Sports Coach within various sports e.g. Football, Cricket and Rugby or become a Sports Performance Analyst.

Visit this course on our website: <https://barkingdagenhamcollege.ac.uk/find/courses/0000011195>

For further information please contact the college: <https://barkingdagenhamcollege.ac.uk/contact>