

Level 1

NCFE/CACHE Introduction to Health, Social Care and Young People's Settings

NCFE/CACHE Diploma



Duration	Location	Starting	Age	Careers
1 year 21 weeks	Rush Green Campus	 Sept 2026 Jan 2027	16-18	Health & Social Care

Course fees per year

AGE 16-18

FREE

Contact us to discuss what Financial support is available.

Overview

This course is offered as a full-time programme for 16-18 year olds, or part-time for adult learners aged 19+.

What you'll learn

You will learn the knowledge and understanding around the Health & Social Care sector including health & safety, equality & diversity, job opportunities, healthy lifestyle and many more.

Assessments / Exams

There are no exams on this course. You will be assessed via written assignments.

A typical week

You will study 3 days a week, including your study programme of Maths, English, work experience and tutorials.

Entry requirements

You will need to have GCSE Maths, English Language and two additional subjects at grade 2 (E) or above.

As part of the application process you will also be asked to explain why you want to study this course, so that we can ensure any course offer made aligns to your career goals.

Entry to this course is dependent on the outcome of a Disclosing and Barring Service (DBS) check.

Our teaching staff

Our staff are here to support you in your learning journey. They all have recent industry experience, and many of them continue to work in care alongside their teaching.

Links with employers

50 hours of placement time must be completed as part of the course.

Working in the industry allows you to put your knowledge into practice. It'll also help with progressing to further study or when looking for jobs.

What this course leads to

For 16-18 year olds, completion of the course leads on to the Level 1 Diploma.

For adult learners, completing this course means you can progress to the Level 2 in Adult Care qualification.

Visit this course on our website: <https://barkingdagenhamcollege.ac.uk/find/courses/0000004544>

For further information please contact the college: <https://barkingdagenhamcollege.ac.uk/contact>