







Level 1

Sport

BTEC Introductory Diploma



				
Duration	Location	Starting	Age	Careers
1 year	Rush Green Campus	Sept 2025	16-18	Sport

Course fees per year

AGE 16-18

FREE

Contact us to discuss what Financial support is available.

Overview

This foundation course will equip you with key industry skills, knowledge and behaviours for future study or employment in the sports industry.

What you'll learn

You will learn to be organised, work with others and demonstrate key teamworking and problem-solving skills through adventurous activities with your peers.

There are also elements of fitness, how exercise affects the body, and planning and delivering an event to help support you develop your confidence.

Entry requirements

You will need to have GCSE Maths, English Language and two additional subjects at grade 2 (E) or above.

As part of the application process you will also be asked to explain why you want to study this course, so that we can ensure any course offer made aligns to your career goals.

What this course leads to

On completing the Level 1 Introductory Diploma in Sport, you can progress to Level 2 - Leading Children's Sports Activities - a practical and "hands on" course that is a stepping stone for employment within schools or sports coaching industry.

Other options are to go into the apprenticeship route and become a Community Activity Coach Level 2 or a Leisure Team Member in a leisure centre. Both of these fall within the technical occupations and provide further progression to Level 3 apprenticeships as well, and are a good starting point for anyone looking to "earn and learn".

Visit this course on our website: <https://barkingdagenhamcollege.ac.uk/find/courses/0000002904>

For further information please contact the college: <https://barkingdagenhamcollege.ac.uk/contact>