

Level 1

NCFE/CACHE Introduction to Health, Social Care and Children's and Young People's Settings

NCFE/CACHE Award



Duration	Location	Starting	Age	Careers
18 weeks	Barking Campus - Barking Learning Centre	Feb 2026 Feb 2027	Adult 19+	Health & Social Care

Course fees per year

ADULT 19+

£228

The above fees include tuition and exam fees.
Contact us to discuss what Financial support is available.

Overview

This Level 1 course is offered as a part-time course for adult learners aged 19+ who are interested in exploring a potential health and social care or education career.

What you'll learn

You will learn the knowledge and understanding around the Health & Social Care sector including health & safety, equality & diversity, job opportunities, healthy lifestyle and many more.

Assessments / Exams

There are no exams on this course. You will be assessed via written assignments.

Entry requirements

To study on the full-time course you'll need a GCSE grade 1/2 in English and maths.

You can join the part-time course if you have Functional Skills level 1 in English.

Our teaching staff

Our staff are here to support you in your learning journey. They all have recent industry experience, and many of them continue to work in care alongside their teaching.

What this course leads to

For adult learners, completing this course means you can progress to the Level 2 in Adult Care qualification.

Visit this course on our website: <https://barkingdagenhamcollege.ac.uk/find/courses/0000000241>

For further information please contact the college: <https://barkingdagenhamcollege.ac.uk/contact>