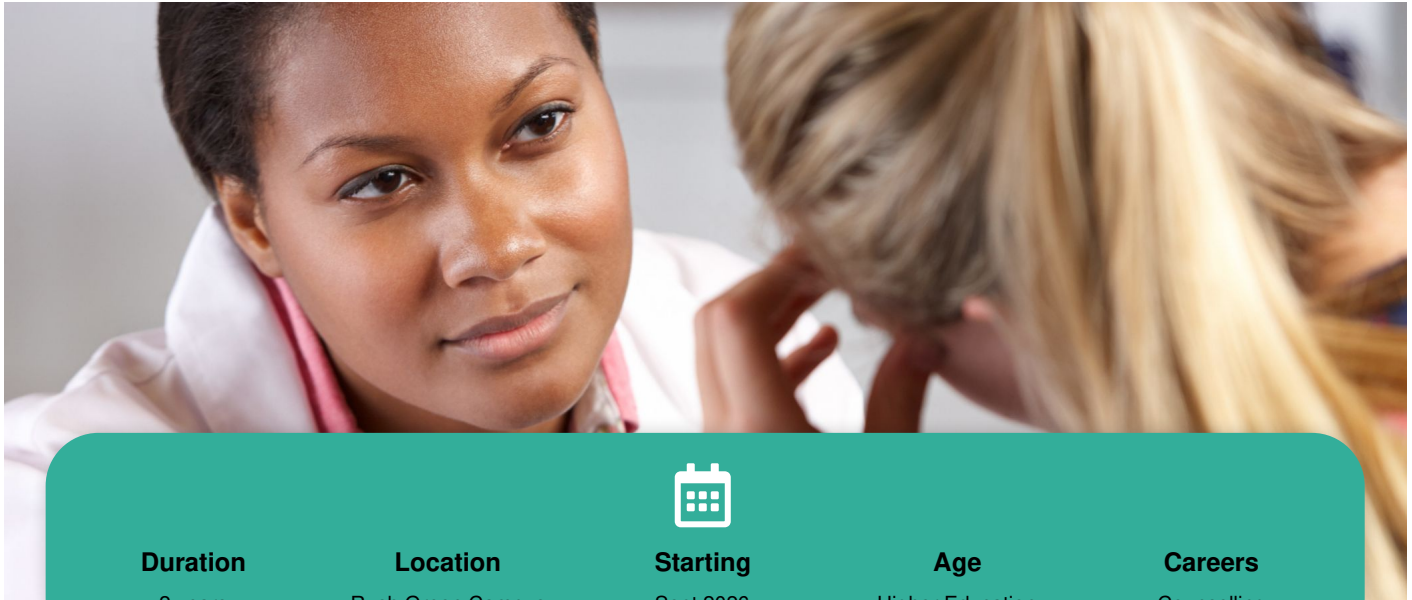


Level 4

Therapeutic Counselling

CPCAB Diploma



Duration	Location	Starting	Age	Careers
2 years	Rush Green Campus	Sept 2026	Higher Education	Counselling

Course fees per year

£2,000 (Year 1) and £1,528 (Year 2)

The above fees include tuition and exam fees.

You may be eligible for an Advanced Learner Loan to help with the course fees. Contact us to discuss what Financial support is available.

Overview

Train to become a Counsellor by achieving our advanced CPCAB counselling qualification.

Learn how to support people experiencing emotional difficulties or challenges.

What you'll learn

Over the course of this 2-year programme, you'll learn all the skills required to work as a Therapeutic Counsellor for an agency.

[View the full course specification](#)

Assessments / Exams

You will need to build an evidence-based portfolio throughout this course.

A typical week

You will study 6 hours per week, plus 5 Saturday workshops covering various topics relevant to your qualification.

Entry requirements

You'll need to have gained the Level 2 and 3 counselling skills and theory to be able to study on our level 4 programme.

You'll also need to source your own placement for the 2nd year of the programme.

Entry to this course is dependent on the outcome of a Disclosing and Barring Service (DBS) check.

Links with employers

You'll volunteer as a counsellor and will need to achieve a minimum of 100 supervised hours in a formal counselling agency. Your placement will give you further work experience and contact with employers.

What this course leads to

Successfully completing the course means you can progress to Level 5 Diploma in Psychotherapeutic Counselling, which will enable you to work in private practice. You could also move on to study at degree-level in counselling.

Visit this course on our website: <https://barkingdagenhamcollege.ac.uk/find/courses/0000000224>

For further information please contact the college: <https://barkingdagenhamcollege.ac.uk/contact>