

Barking and Dagenham College Careers Programme 2025-26

Barking and Dagenham College is committed to providing impartial Careers Education, Information, Advice and Guidance (CEIAG) to all students both through the curriculum and a comprehensive range of organised activities. Students are provided with differentiated, current, accurate and relevant information to help them raise their aspirations, make good choices and understand what they need to do to reach and succeed in their chosen career and progression plans.

Students are encouraged to develop their knowledge, skills and behaviours to increase their self-awareness, resilience and confidence and prepare them for next steps. Working with the local and regional business community to understand and address the needs of the local area, Barking and Dagenham College provides high-quality careers, employability and enrichment provision which raises aspirations, improves motivation and develops the skills needed for students to achieve their full potential in an inclusive and supportive environment.

This Careers Programme is mapped against the Gatsby Benchmarks for IAG

Gatsby Benchmarks

- 1. A stable careers programme
- 2. Learning from career and labour market information
- 3. Addressing the needs of each pupil
- 4. Linking curriculum learning to careers
- 5. Encounters with employers and employees
- 6. Experiences of workplaces
- 7. Encounters with further and higher education
- 8. Personal guidance

In addition to the comprehensive careers programme Barking and Dagenham College offers students a Personal and Professional Development programme, which they complete alongside their studies. Designed to help prepare our students for their future in several ways, including support in creating their own progression plan and helping develop wider life skills through their individual interests. The Personal and Professional Development programme will help students work towards achieving their goals whilst at college, develop the skills, knowledge and behaviours linked to career pathways and explore new experiences, interests and talents. We acknowledge that every student is different in their aspirations, hence, this flexible programme is designed to be able to tailor the support given throughout the learner journey and to help them achieve their own individual goals.

We have a dedicated and professional team of Progression Coaches who will support learners to make positive career progression choices, visit them at 'Career Progression Hub' or email Careers@bdc.ac.uk



Careers Programme 2025 – 26

Pre-entry Information, Advice and Guidance	Gatsby Benchmarks	August	September	October	November	December	January	February	March	April	May	June	July
Year 11 assemblies (on-site and online)	7												
School careers fairs/events and progression evenings	3, 4, 7												
Course advice (on-site and online)	3, 4, 7												
School visits to college for IAG sessions and tours	3, 4, 7												
Open days/events - inc parent IAG and college tours	2, 3, 4, 7, 5												
Year 9 options session at schools	3, 4, 7												
College recruitment interviews	3, 4, 7												
Summer Induction	3, 4, 7												
IAG at Enrolment	3, 4, 7, 8												

Careers Advice and Guidance	Gatsby Benchmarks	August	September	October	November	December	January	February	March	April	May	June	July
Careers Service Introduction (online)	1, 3												
Careers Advice and Guidance (drop-ins and booked appointment)	3, 4, 7, 8												
Careers Advice and Guidance (exit session by referrals)	3, 4, 7, 8												
Careers UCAS support sessions	3, 4, 7, 8												
"At Risk" Careers Session Referrals	3, 4, 7, 8												



Higher Education Support	Gatsby Benchmarks	August	September	October	November	December	January	February	March	April	May	June	July
UCAS Clearing Advice and Support: drop-ins and appointments	3, 4, 7, 8												
UCAS Application and Personal Statements	3, 8												
Higher Education Information Fair	3, 4, 6, 7												
Alumni HE Insight	2, 5												
Staff Training - Careers in the Curriculum IAG /Updates	4												
Student Finance Information Workshops	7, 8												

Non HE Progression Support	Gatsby Benchmarks	August	September	October	November	December	January	February	March	April	May	June	July
Information, Advice and Guidance for Progress to Advance students	3, 4, 7, 8												
Information, Advice and Guidance for Level 1 students	3, 4, 7, 8												
Information, Advice and Guidance for Level 2 students	3, 4, 7, 8												
Apprenticeships	3, 4, 7, 8												



Employability and Work Placement Support	Gatsby Benchmarks	August	September	October	November	December	January	February	March	April	May	June	July
Employment and Apprenticeship route support	2,3,5,6,8												
Support seeking employment /Work experience	2,3,5,6,8												
CV/application support	2,3,5,6,8												
Mock interview sessions for work placements	3												
Industry Insight Days	2, 3, 4, 5, 6, 7												
Work placements - specific programmes	5, 6												
Guest Speakers	5, 7												
Job Search and CV Building Workshops	3												
Alumni Career Insight	2, 5												
Industry Mentors	2,5,6												

Events and Services	Gatsby Benchmarks	August	September	October	November	December	January	February	March	April	May	June	July
Parents evening	3												
College website	1,7												
Careers event for parents	4, 7												
UCAS discovery days	7,8												
Green Careers Week	3,5,7,8												
National Apprenticeship Week	3,5,7,8												
National Careers Week	3,5,7,8												
Apprenticeships Fair	2, 3, 4, 5, 7												
What Career Live? What University Live?	2,5,8												